

List of Dissertation Topics (2020-2022) –

A) MPT – Sports

Roll No	Registration No	Title	Acceptance
23108U20001	5374/13	Efficacy of Hamstring Tantrum on the Ballistic Performance of 100M Sprinters	Accepted
23108U20002	8513/20	Effect of BFRT on Static Balance of Elite Badminton Players	
23108U20003	8514/20	A study of reliability and validity of an Odia version of the shoulder pain and disability index	
23108U20004	8515/20	Effectiveness of balance and respiratory training to enhance to enhance sports performance in adolescent amateur male hockey players: RCT	
23108U20006	8516/20	Effects of dynamic stretching followed by general strength training on vertical jump performance in recreational volleyball players	
23108U20007	8517/20	Relationship of Core Stability with Balance and Agility in Amateur Football Players	
23108U20009	8518/20	Effect of partial body cryotherapy for preventing and treating self-reported muscle soreness and improving subjective recovery and muscle performance after exercises in female	

23108U20010	8519/20	Effect of Backward Walking and Resisted Diaphragmatic Breathing on Balance VO2 Max and Knee Proprioception in Healthy Adults	
23108U20012	4523/13	Effects of 4 Week Core Strengthening and Lower Body Strengthening in Improving Performance of Amateur Cyclists	
23108U20013	8520/20	Effectiveness of Myofascial Release Alone, Static Stretch Alone, and Combination of Myofascial Release and static Stretch on Improving Hamstring Flexibility in the Collegiate Athlete- "A Comparative Study"	
23108U20014	8521/20	Effect of Synchronized Music and Metronome on Treadmill Running Time in Recreational Athletes	
23108U20015	8522/20	Awareness and perception about physiotherapy among Indian sports athletes and coaches- A survey study	
23108U20016	8523/20	Current perspective of core: A survey Among physiotherapists	
23108U20020	8174/15	Effects of Muscle energy technique on triceps surae on pain, function and disability in recreational runners with plantar fasciitis: A RANDOMIZED CONTROLLED TRAIL	
23108U20022	8527/20	To Compare the Effectiveness of Law-	

		Level Laser Therapy with Exercises Versus Ultrasound Therapy with Exercises on Pain Relief and Disability in Supraspinatus Tendinitis- Randomized Clinical Trail	
23108U20023	8528/20	Effect of physiotherapist delivered pain neuroscience education and eccentric exercises on pain and function in subjects with insertion AT: a double blinded RCT	

B) MPT – Musculoskeletal conditions

23108U20011	4159/14	Current perspectives of Indian physiotherapists on rehabilitation and return to sport anterior cruciate ligament reconstruction: A online survey	
23108U20018	8524/20	Psychosocial Readiness of the Female Workers to Return to Work Following Knee Injury	
23108U20021	8526/20	Prevalence of low Back Pain in Active Odissi Dancers	
23108U20025	8529/20	Prevalence of Neck Pain, Level of Pain and Level of Disability in Adolescents with Neck Pain in Khordha District of Odisha: A Cross Sectional Study	

C) MPT – Neurology

23108U20005	4140/14	Impact of Early Tone Management on Tone	
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		Normalization in Traumatic Brain Injury (TBI)	
23108U20008	7619/14	Current Physiotherapy Practices of Stroke Rehabilitation in India: A Survey	
23108U20019	8525/20	Current Physiotherapy practice with Patients Undergoing Lumbar Spinal Surgery in India: A survey	

D) MPT – Cardio-pulmonary Science

23108U20017	4149/14	Effectiveness of breathing exercise and posture correction exercise in improving peak expiratory flow rate in Adults with forward head posture: A randomized control trial	
23108U20024	3507/12	Prevalence of Physical and mental fatigue among the population with post covid- a survey study	