



Abhinav Bindra Sports Medicine and Research Institute
BPT 1st Internal Examination for 8th semesters- July 2026

Date: 07/07/2026

Time: 09:00 AM-12:00 PM

Subject Code: 23ABP801

Subject: Physiotherapy in Musculoskeletal Conditions

F.M.: 75 marks

Question Code: E18

Long Questions- Answer Any 3 (3 X 15Marks)

1. A 67-year-old woman with a history of T2DM reported to a Physiotherapy OPD with complaints of gradual onset of non-dominant shoulder pain. The pain usually aggravates with lying on the affected side and on reaching the back pocket, combing hairs. Write down the possible differential diagnosis and diagnosis of this case with appropriate clinical reasoning.
2. Explain in detail about the pathophysiology and management of Patella-femoral pain syndrome.
3. Differentiate between Pes planus & Pes cavus, stating various evaluative measures and management methods.
4. Williams was living out his dream, playing college football as a receiver. He had just caught a 35-yard pass and was running between the defenders, heading for the goal line. As he turned sharply to avoid being tackled, he felt a pop in his knee and fell sharply to the ground in pain. Write down the evaluation and management for the above case.

Short Questions- Answer Any 4 (4 X 10Marks)

5. Differentiate frozen shoulder symptoms from impingement syndrome and elaborate the Pt management.
6. Write about management of bicipital tendinitis
7. Differentiate in evaluation & management of ligament injuries.
8. Differentiate the primary and secondary fracture healing and how do you plan the weight-bearing training following a long bone fracture according to the type of healing and fixation devices?
9. Write a note on fracture neck of femur and Pt management after operative management.