



Abhinav Bindra Sports Medicine and Research Institute  
BPT 2nd Internal Examination February 2026

Date: 06.02.2026  
Time: 09:00 AM-10:30 PM  
Question Code- O9

*3rd Sem*  
Subject: FIRST AID  
F.M.: 50 marks  
Subject Code- 23ABP305

**Long Questions- Answer Any 2 (2 X 15Marks)**

1. What is BLS? Mention the steps involved in CPR?
2. Explain the first aid for an individual suffering from Seizure?
3. Write about Emergency steps to be taken for SCI victim?

**Short Questions- Answer Any 3 (3 X 5Marks)**

4. What are the points to confirm a fracture.
5. What are the do's and don'ts of SCI in relation to RTA.
6. What is the use of cervical immobilisation in SCI.
7. What is full form of CAB in CPR and why it is so important.
8. What is a Recovery position.

**9. Objective Type Questions- Answer All (1 x 5marks)**

- a. Water is \_\_\_\_\_ and Blanket is \_\_\_\_\_ in case of burn.
- b. \_\_\_\_\_ technique is used in case of Choking.
- c. \_\_\_\_\_ min is crucial for CPR of an individual.
- d. Rolling the victim as a whole is called \_\_\_\_\_ in case of SCI.
- e. \_\_\_\_\_ to \_\_\_\_\_ number of chest compression should be given in CPR