



Abhinav Bindra Sports Medicine and Research Institute
MPT 1st Internal Examination February 2026

2nd Year

Date: 04/02/2026

Subject: Specialty Paper-3 (Physiotherapy in Clinical Sports Science)

Time: 09:00 AM-12:00 PM

Question Code-S9

F.M.: 80 marks

Subject Code- 23MPT2S3

Long Questions- Answer Any 4 (4 X 15Marks)

1. Discuss in details about prevention in sports?
2. Discuss in details about emergency action plan?
3. Write a long note on evaluation of critically injured athlete?
4. Write in detail about assessment and diagnosis of athletic shoulder?
5. Write in detail about the evaluation and management of ACL repair with BPTB graft?

Short Questions- Answer Any 5 (5 X 4Marks)

6. CPR
7. First aid kit
8. Muscle injuries
9. Warm Up
10. Protective equipment
11. Minimizing extent of injury