



**Abhinav Bindra Sports Medicine and Research Institute**  
**BPT 1<sup>ST</sup> Internal Examination January 2026**

**Date:** 07. 01. 2026

(7th Sem)

**Question Code:** 1J703

**Subject:** PROFESSIONAL MANAGEMENT AND ETHICS (UU703)

**Time:** 09:00 AM-12:00 PM

**F.M.:** 75 marks

**A) Long Questions — Answer Any 3 (3 × 15 Marks)**

1. Discuss the four principal medical ethical principles and illustrate with two clinical physiotherapy scenarios where each principle may conflict.
2. Explain informed consent in clinical physiotherapy: components, documentation, and special situations.
3. Analyse the role of WHO in setting global rehabilitation standards and how WHO guidelines influence physiotherapy practice at the national level.
4. Compare and contrast UNICEF and UNDP mandates relevant to health and rehabilitation; propose three collaborative initiatives between physiotherapy services and these agencies.
5. Describe ethical issues in resource allocation for rehabilitation services in low-resource settings and propose a transparent decision-making framework for physiotherapy departments.

**B) Short Questions — Answer Any 3 (3 × 10 Marks)**

1. Define confidentiality in healthcare and list five practical steps physiotherapists should take to protect patient data.
2. Outline the clinical relevance of cultural competence in physiotherapy with two brief case examples.
3. List five WHO initiatives relevant to rehabilitation and give one sentence on each.
4. Explain the concept of professional boundaries in physiotherapy and give three examples of boundary violations.
5. Describe how UNDP supports health system strengthening and one way physiotherapy services can align with UNDP projects.