



Abhinav Bindra Sports Medicine and Research Institute
BPT 1st Internal Examination (5th Sem)

Date: 05. 01. 2026

Time: 09:00 AM-12:00 PM

Subject: PTSC

F.M.: 80 marks

1) Long Questions- Answer Any 3 (3 X 15Marks)

- a. Draw neat labelled diagram of abdominal incision. Write down the structure cut, advantages, disadvantages & indication of each.
- b. Describe principle of physiotherapy management in Tendon transfer.
- c. Discuss various musculoskeletal system changes during various trimesters of pregnancy.
- d. Write down classification of Burn, its precaution and management of Burn
- e. Write about Signs & symptom of cholecystitis and elaborate its surgical management.

2) Short Questions- Answer Any 6 (6 X 5Marks)

- a. Hypertrophic scar
- b. Flap vs graft
- c. DVT
- d. Psoas sign
- e. BSA
- f. Stress Incontinence
- g. Pfannenstiel incision
- h. Degrees of Burn
- i. Hypovolemic Shock
- j. Diastasis Recti

3) Objective type Questions- Answer all (5 X 1Mark)

- a. Which exercise should be avoided in the early postoperative phase?**

- A. Ankle pump exercises
- B. Deep breathing exercises
- C. Straight leg raising
- D. Active range of motion of upper limbs



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b. Which exercise should be avoided in the early postoperative phase?

- A. Ankle pump exercises
- B. Deep breathing exercises
- C. Straight leg raising
- D. Active range of motion of upper limbs

c. The primary aim of physiotherapy in the immediate postoperative phase of abdominal surgery is to:

- A. Increase abdominal muscle strength
- B. Prevent pulmonary complications
- C. Improve cosmetic healing
- D. Increase joint mobility

d. 10. Pelvic floor exercises are especially important after:

- A. Upper abdominal surgery
- B. Thoracic surgery
- C. Lower abdominal and pelvic surgery
- D. Neurosurgery

e. Which joint position is recommended to prevent contracture in a patient with burns over the hand?

- A. Full finger flexion
- B. Wrist flexion and ulnar deviation
- C. Wrist extension with finger extension
- D. Thumb adduction