



Abhinav Bindra Sports Medicine and Research Institute

BPT 1st Internal Examination (3rd Sem)

Question Code: 23ABP305

Subject Code: 1J305

Date: 09. 01. 2026

Subject: FIRST AID

Time: 09:00 AM-10:30 PM

F.M.: 50 marks

A) Long Questions- Answer Any 2 (2 X 15Marks)

1. What is BLS? Mention the steps involved in CPR?
2. Explain the first aid for an individual suffering from Seizure?
3. Write about Emergency steps to be taken for SCI victim?

B) Short Questions- Answer Any 3 (3 X 5Marks)

1. What are the points to confirm a fracture.
2. What are the do's and don'ts of SCI in relation to RTA.
3. What is the use of cervical immobilisation in SCI.
4. What is full form of CAB in CPR and why it is so important.
5. What is a Recovery position.

C) Objective Type Questions- Answer All (1 x 5marks)

1. Water is _____ and Blanket is _____ in case of burn.
2. _____ technique is used in case of Choking.
3. _____ min is crucial for CPR of an individual.
4. Rolling the victim as a whole is called _____ in case of SCI.
5. _____ to _____ number of chest compression should be given in CPR