#### 2010

### Full Marks -75

Time: As in the Programme

The figures in the right hand margin indicate marks

Section - A

### Long Answer Questions

## Answer any THREE questions of the following.

2 1/2 11:00 bon seach [15×3

- Define principles of PNF technique. How does PNF help in improving range of motion?
  - 2. What do you understand by Hydrotherapy?

    Describe the techniques of building muscle power with Hydrotherapy.
- What do understand by Ultrasound therapy?

  Describe the therapeutic uses of UST.
  - What do you understand by relaxation exercises? What are the criteria for prescribing relaxation exercises?
    - Describe physiological and therapeutic effects of Medium frequency currents.

# Section - B

Short Answer Questions

Answer any THREE questions of the following

1-40 62 SAA. [10×3

Write short notes on:

(a) · Normal human gait

- (b) Errythema reaction in UVR
  - (c) Uses of Russian current therapy
  - (d) Techniques and uses of cold therapy

Grade II Mobilizations.