



Date: 28.09.22

ABHINAV BINDRA SPORTS MEDICINE AND RESEARCH INSTITUTE
2nd year MPT INTERNAL EXAMINATION, SEP-2022
Physiotherapy in specialty (Orthopaedics)

Total Time- 3 Hrs.

Total Marks- 100

Answers should be specific to the questions asked

Answer all (4x25)

1. 35 year old software employee complaining of gradual onset of low back pain since 6 months.

Prolonged sitting, forward bending provokes the symptoms. On x-ray patient has right side scoliosis and on examination patient has left side LLD. Evaluate and explain the possible diagnosis and plan out a physiotherapy protocol for the same.

2. Recent Advances on Lateral elbow pain.
3. Describe forward head posture, and its complication with biomechanical perspective and management.
4. Principles and application of neural tissue mobilization for Saturday night palsy.