

ABHINAV BINDRA SPORTS MEDICINE AND RESEARCH INSTITUTE

2ND Year MPT INTERNAL EXAMINATION , JUNE-2024

Physiotherapy in speciality (Sports Science)

Total Mark-100

Answer all (25*4)

1. Write an essay on principles and methods of injury prevention
2. Pathomechanics and management of Runners knee
3. Outline the causes of shoulder impingement. Discuss the physiotherapy plan of care from acute stage to return to sports. Write about shoulder subluxation in throwers
4. Explain in detail about the physical, functional and sports- specific assessment for a football goal keeper.