

ABHINAV BINDRA SPORTS MEDICINES AND RESEARCH INSTITUTE
(ABSMARI)



MPT 2020-21 Batch 1st year Model Examination,
Paper 1: PT Process and Practice-I

Maximum Marks: 100

Time: 3hrs

(Questions 1 to 3: Marks 25 for each)

1. Assessment and Management of Lymphedema
2. Research process
3. A 20 years man complains of insidious onset of low back pain on left side gradually progressing to left side with referred pain to buttock. Morning pain and stiffness present, relieved with movements and activities. Write down the possible diagnosis with reasoning and management of it

(Question 4: Mark 25)

4. Write short notes on **any 5**: (Each Short Notes carry 5 marks each)
 1. Energy conservation techniques and activity planning
 2. Codes of conduct for physiotherapy
 3. Ergonomic advice for cervical pain
 4. Physiotherapy management for diabetic foot
 5. Musculoskeletal problems during pregnancy and physiotherapy
 6. Shoulder subluxation in a Thrower

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