

Final - (MPT) - (PT in Speciality Area)
(Sports Science)

2023

Full Marks - 100

Time - As in the Programme

The questions are of equal value.

Answer ALL questions.

- A. Answer any THREE :
1. Write an essay on fitness program for football player ?
 2. Describe sports injury of spine.
 3. Describe injury prevention in sports.
 4. Answer any THREE :
 - (a) Nutrition & Performance.
 - (b) Emergency in Sports.
 - (c) Effects of Swimming.
 - (d) Off Field Performance.



Final - (MPT) - (PT in Speciality Area)
(Sports Science)