

2022

Full Marks - 100

Time - As in the Programme

All questions carry equal marks

Answer Any THREE questions.

1. Write short notes on any THREE of the following
 - (a) Shoulder impingement syndrom
 - (b) Pre and post operative management of ACL reconstruction
 - (c) Management of proased intervetebral disc in a weight lifter
 - (d) Pathomecanics and management of runners knee
 - (d) Knee
2. Write an essay on the principles and methods of injury prevention.
3. What is aerobic capacity ? Discuss in detail acute and long term effects of aerobic training.
[P.T.O...]

(2)

Write a note on the factors to be considered before undertaking aerobic training.

4. Discuss the principles of management of acute and overuse soft tissue injuries. Write a note on pathomechanics of development of overuse injury using suitable examples.



PT in SP - Area - (Sports) - MPT