### VII - S - BPT- (Physical Diagnosis & Physical Fitness) - (Regular)

## 2023

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# Full Marks - 75 Time - As in the Programme

The figure in the right hand margin indicates marks.

Answer All questions

#### Section - A

Answer any THREE:

[15×3=45

- 1. What clinical evaluations are necessary for a person who sits in front of computer for 10 hours per day, what will be the ergonomic advice?
- Describe how the Kaltenborn concept is applied for manual therapy with examples.
- 3. Describe a fitness programme for a sprinter.
- 4. Evaluation of lumbar spine in Cyriax concept.

[ Cont...

## Section - B

Write short notes on any THREE: [10×3=30

- Physiology of Neural tension test.
- 2. Physiotherapy as a prevention measure.
- 3. Stress relaxation different concepts.
- 4. Applying principles of NDT for a child with spastic cerebral palsy.
- 5. Evaluation of shoulder in Maitland's concept.



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