

2021

Time :As in Programme

Full Marks : 75

The figures in the right-hand margin indicate marks.

Answer questions as directed therein

Section -A

Answer any three questions

15 X 3

1. Discuss the naturopathic concept of health and disease.
2. How mud and water elements are applied in different nature cure modalities to cure diseases?
3. Discuss meaning and aim of yoga with the basic principles of yoga practices.
4. Discuss about the methods of stimulation of needle.

Section - B

5. Write short notes on any three

10X3

- a. Organ clock
- b. Distal points
- c. Vajrasan
- d. Bhramari pranayam
- e. Meditation

