

V Semester

V - BPT - (Alternative Medicine)

2022

Full Marks.- 75

Time - As in the Programme

The figure in the right hand margin indicate marks.

Answer ALL questions.

Section – A

Answer any THREE : [15 x 3 = 45]

1. Describe the procedure, benefits and precautions of Surya Namaskar.
2. define Naturopathy. Explain the Naturopathic concept of Health through 5 natural elements.
3. How Astanga Yoga is helpful to develop peace and harmony in an individual and the soccity ? Explain.
4. Describe various Acupuncture points and Meridians with their functions.

[Cont...

[2]

Section – B

5. Write short notes on any THREE : [10 x 3 = 30]

- (a) Neti Kriya.
- (b) Kapalbhati Pranayam.
- (c) Mud Therapy.
- (d) Hydrotherapy.
- (e) Yin and Yang Theory.



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