

Verbal Numeric Scale

Patient's Name: _____

Date: _____

Instructions: Ask the patient the following: "On a scale of 0 to 10, with 0 being 'no pain' and 10 being 'the most intense pain imaginable,' what would you rate the severity of your pain right now?"

Record the response here: _____

Scoring: Record the number verbalized by the patient, and either compute a mean score over time or simply track scores over repeated assessments.

Source:

Young DM, Mentes JC, Titler MG. Acute pain management protocol. *J Gerontol Nurs*. 1999;25(6):10-21.